

RELATION OF STUDENT ATTITUDE TOWARD LEISURE TIME ACTIVITIES AND THEIR PREFERENCES TOWARD SPORT RECREATION ACTIVITIES

Abstract

The connection among attitude toward leisure time activities and their preferences to certain sports activities was researched. It was based on suitable sample of 109 Faculty of kinesiology students at Zagreb University. According to the answers on the survey, the presence of connection between 5 sets of data was discovered. These 5 sets of data were: how to use free time, desire how to spend winter/summer holidays, desire to learn new sport activities, what kind of influence is there toward sport activities. One pair of significant canonical correlations were discovered between existing ways of spending leisure time and desired ways of spending leisure time, also desire to learn new sport activities and the kind of influence toward sport activities. The gained results differed according to sex, and they depended on the fact that kinesiology students are specific sample of examinees.

Key words: *leisure time, recreation, preference, connection*
