

PREDICTIVE VALUES OF MORPHOLOGICAL AND MOTORIC SYSTEM FOR SELECTION IN SPRINT

Summary

There are some difficulties in the process of selection in athletics, especially in sprint since the dominant skill is speed, which is in a large correlation with genetics. Timely and proper selection is in a causal connection with the age which makes adequacy of that kind of methodological procedure even more difficult. Wishing to give a small contribution at choice for adequate tests for the purpose of selection, a research was realized during which some appropriate and responsible tests for sprint running were applied. In that way, some predictive values for a successful selection were acquired.

Key words: *selection, training process, sprint, prediction*
