

## **LEVEL OF EDUCATION AS A GENERATOR OF DIFFERENTIATION OF SOME EXPERIENCE MODALITIES OF KINESIOLOGY RECREATION**

### **Summary**

*The basis of human factor quality is resulted by the quality of education and the basis for their education is manifested by readiness of people to put their knowledge in function of changes (Findak & ass., 2007). Educated people accept changes and adapt or they reject the consequences of changes and at the same time they form their own attitudes towards all the matters as well as towards the matter of recreational exercise. It is logical that they see the whole picture clearly and that they understand the positive and negative consequences better. So, it is the education (degree of education) precisely which acts as a generator for experience modality of anything and in this case, for engagement in the field of kinesiology recreation. The very process of learning is asymptomatic, because it never ends but it keeps going further and further and it includes some new pieces of knowledge into our total composite. There are few activities and operations we have right to watch in the context "only immediately and now", as if there had not been any previous stages in development and knowledge and if the progress is not to be continued. There is always a specific time and place for everything, as well as an inevitable effort. When a minimum score in some field has been reached, in other words "a nonexistent plateau of learning", it is necessary to try hard to keep on a very slow and systematic learning without a pause and a door for some new knowledge and moving onto some new and higher levels will be opened in the case of a sufficient quality work. (Bonacin, 2005).*

**Key words:** education, exercise