

*Pile of rocks ceases to be a pile of rubble at the moment when one begins to think about her carrying in mind the image of the cathedral.*  
*(Antoine de Saint-Exupéry)*

Dear reader,

Although it is often not aware of, we are what we do, but many more are what we think. That our inner world, the ingenuity that sometimes some of us appear, carries the endless value in every sense. The reason for us clearly shows that the mere existence and to collecting brings no satisfaction or happiness, and no closer to the truth. Of course we will not shoot you in dealing with collectibles, we will try and hide the contempt that some deserve sometimes, and we will try to show everyone how cathedral arise. First of all, the cathedral of spirit. One such small cathedral and is this number of Acta and offers a multitude of extraordinary articles of our authors, themes of flat feet in children, sprint for girls, karate, learning, talents in the sport, the difference in high school, research with judokas, efficiency of players, physical training in the police, the development of young players, about physiotherapy, badminton, muscle activity feet of young women, about features of handball players by positions, differences of the Euroleague and the NBA, about decathlons and finally relations between motivation and management potential of students. This beautiful collection of contributions is only waiting to be read. And in the spirit of thought given to us by Saint-Exupéry, this is not just a bunch of articles in the magazine, but a collection of contributions that tend to one higher purpose, and that purpose is in you. Read, learn, adopt, agree with it, do not agree, explore ... and prepare your own cathedral. That's what this is about.

*Executive Editor  
Assoc. Prof. Dobromir Bonac, PhD*

*Hrpa kamenja prestaje biti tek hrpa kamenja onog trenutka kad čovjek počne razmišljati o njoj noseći u svojoj glavi sliku katedrale.*  
*(Antoine de Saint-Exupéry)*

Dragi čitatelju,

Iako toga često nismo svjesni, ono smo što radimo, ali još mnogo više smo ono što mislimo. Taj naš unutarnji svijet, ta ingenioznost koja se ponekad kod nekih od nas pojavi, beskrajna je vrijednost u svakom smislu. To iz razloga jer nam očito pokazuje da u pukoj egzistenciji i kolecionarstvu nema ni zadovoljstva ni sreće, a niti približavanja istini. Naravno da mi nećemo pucati u te koji se bave kolecionarstvom, nastojat ćemo i sakriti prezir koji ponekad zasluzuju, i pokušat ćemo svima pokazati kako nastaju katedrale. Prije svega katedrale duha. Jedna takva mala katedrala je i ovaj broj Acte te nudi mnoštvo izvanrednih članaka naših autora, od tematike ravnih stopala kod djece, sprinta kod djevojaka, karatea, strategije učenja, talenata u sportu, razlika kod srednjoškolaca, judaša, učinkovitosti nogometnika, tjelesnoj pripremi u policiji, razvoju mladih košarkaša, fizioterapiji, badmintonu, mišićnoj aktivnosti stopala mladih žena, značajkama rukometnika po pozicijama, razlikama Eurolige i NBA, preko desetobojaca i konačno do relacije motivacije i upravljačkog potencijala studenata. Ovaj lijepi skup priloga kao da jedva čeka da bude pročitan. I u duhu misli koju nam je poklonio Saint-Exupéry, ovo nije samo hrpa članaka u časopisu, već skup priloga koji teže jednom višem cilju, a taj je u vama. Pročitajte, spoznajte, usvojite, složite se s tim, nemojte se složiti, istražujte..., i pripremajte vlastite katedrale. O tome je ovdje riječ.

*Izvršni urednik  
Izv. Prof. Dr. Dobromir Bonac*