

LEVEL OF SPEED ABILITIES OF PUPILS AT SECONDARY SPORT SCHOOL IN NITRA

Abstract

The article shows the performance level in 50 m sprint of the pupils aged 11 to 19 years of age attending sport classes in Nitra. The level of speed in terms of age is monitored in boys and girls. The athletes achieved better-speed capabilities in comparison with the common population in 84% of cases. Statistically significant differences were observed in both sexes in terms of age.

Key words: *speed abilities, selected population, boys, girls*
