

IMPLEMENTATION OF GYMNASTICS CONTENTS IN THE CLASSROOM TEACHING AT ELEMENTARY SCHOOLS OF OSIJEK - BARANJA COUNTY

Abstract

The aim of the research was to determine whether teachers of physical education (5th-8th grade) in the Osijek and Baranja county conform to the gymnastic content proscribed by the curriculum, in what proportion and whether there are any significant differences between the execution of the curriculum in each of the grades. Forty-five people were examined, all of which have taught physical education in the primary schools Osijek and Baranja county throughout the school year of 2009/2010. 38 primary schools have been tested, which represent 54,29% of schools in the whole county. The results indicate that teachers (per grade) have spent 20 hours on the gymnastic contents which corresponds with the 30% of all gymnastic contents. Safer and simpler elements are taught, which means that these elements do not include the flight phase so there is no danger of falling or injuring (forward and backward rolls, handstands and cartwheels etc.). At the same time, teachers are afraid of carrying out more difficult and complex skills which include the flight phase of greater amplitudes (dive rolls, various jumps on a small trampoline, backward dismount from the uneven bars or balance beam) and mostly avoid these skills. Generally, teachers fail to carry out contents on parallel bars, uneven bars, high bar and small trampoline due to the insufficiency of adequate equipment.

Keywords: *artistic gymnastics, curriculum, elementary school, physical education*
