PROCESS IDENTIFICATION IS BASIS WITHOUT WHOM IT IS NOT POSSIBLE TO MAKE A STEP FORWARD IN SPORT SCIENCE

Abstract

Process identification in kinesiology is extremely serious task and should be approached from four fundamental aspects: anthropological, methodical, and transformational and evaluation. In this paper we presented newest discoveries of experimental researches aimed towards recognition of real natural processes, that occur during the application of kinesiology operators in education, sports, recreation. Proposition is to seriously review the plans, programs and contents in all levels, since pre-school to schools of highest levels, in order to integrate process identification knowledge as a system instrument into daily operational practical work aimed at improving the efficiency of treatment in the direction of natural processes. We assume that without such application, further step in kinesiology (sport science) is hardly possible, respecting other but particular knowledge of certain areas.

Key words: sports science, process identification, step forward